

DISTRIBUTION DOES NOT IMPLY ENDORSEMENT OR RECOMMENDATION BY MIAMI DADE COUNTY PUBLIC SCHOOLS.

License and Insured

(NIT's) Ninjas In Training

Finally, a new way to exercise and have fun with your friends. Inspired by the TV show "Ninja Warrior", and designed by one of the competitors of the show -Julio Santiago- this new concept was developed to help kids become **healthy**, increase **self-confidence**, and develop skills to balance, be agile, and learn the functions of the **body parts**. This **Anti-bulling** program training is a Great way to become healthy, **be respectful** and have fun. By learning the basics of each **discipline**, the child will develop **leadership skills** by helping each other in completing obstacles in a **safe environment** with low or no impact. Ninja Warrior has recently become a popular sport and there are several annual competitions for kids and adults nationwide.

This training is a great opportunity to represent our team and travel to different cities and states through the US. Strong Grip LLC is determined to teach in a safe environment and to bring the best of your child's agility and abilities.

For questions call -**1-844-642-4747**



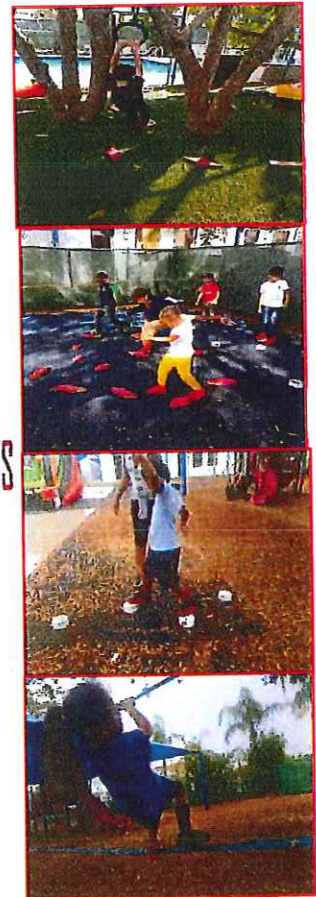
Email: info@stronggrip.net

www.Stronggrip.net

BRIDGEPREP ACADEMY HOLLYWOOD HILLS 2019 NINJA FIELD DAY CHAMPIONS



\$50 per month **\$10** One time for t-shirt



DISTRIBUTION DOES NOT IMPLY ENDORSEMENT OR RECOMMENDATION BY MIAMI DADE COUNTY PUBLIC SCHOOLS.

License and Insured

(NIT's) Ninjas in Training

Strong Grip LLC



COST: \$50 per month with a performance course at the end of each 4-week session.

(EVERY THURSDAY) Grades K – 2nd (2:30pm – 3:30pm)

(EVERY THURSDAY) Grades 3rd – 5th (3:30pm – 4:30pm)

*LEARN: Physical fitness *Increase self-confidence *Parkour *Balance

For more information, contact Julio Santiago at 1-844-642-4747 or email at info@stronggrip.net

STUDENT NAME: _____ DOB ____/____/____

Address _____ Zip _____ Age _____ Grade _____

PARENT/GUARDIAN INFORMATION NAME _____

Relationship _____

Home Phone _____ Cell Phone _____

Work Phone _____ Email _____

How will student get picked up after class? (Car pick up/ After care) _____

School Name _____

Teacher's Name _____

MEDICAL INFORMATION Current Health Issues _____

RELEASE AND WAIVER AGREEMENT, I _____ am the parent/guardian of

_____. I am entering into the following Release and Waiver Agreement with Strong Grip LLC, all instructors of Strong Grip LLC and the students in the Ninja Classes. I understand that I am signing this Release and Waiver Agreement in consideration for and as a requirement of my child's participating in any Strong Grip LLC classes. For myself, release, discharge and waive from any and all claims, demands, damages, expenses, costs, actions or causes of actions known of unknown, past, present or future for any personal injuries including bodily injury or death which are alleged to have arisen out of or resulted from my child's participation in any and all activities, including but not limited to, martial arts classes, exercises, drills, and sparring, all the above named individuals, entities and corporations. I understand the participation in martial arts activities includes a risk of serious personal injury or even death. I know that martial arts are a contact endeavor, and I understand that I am responsible with the guidance of my child's doctor for evaluating my child's physical condition and ability to participate in the martial arts classes conducted by Strong Grip LLC. By signing this Release and Waiver Agreement, I am also stating that my child has the physical ability and health necessary to participate in martial arts classes. This Release and Waver Agreement executed this ____ day of

_____, 201__ PARENT SIGNATURE: _____

*STRONG GRIP LLC has my permission to use my or my child's photograph publicly to promote the sports program; I understand that the images may be used in print publications, online publications, presentations, websites, and social media. I also understand that no royalty, fee or other compensation shall become payable to me by reason of such use.

PARENT/GUARDIAN's signature: _____ Date ____/____/____

You can pay by Cash, or Check to **Julio Santiago**, or
Pay with Debit or Credit Card at www.stronggrip.net/competitions